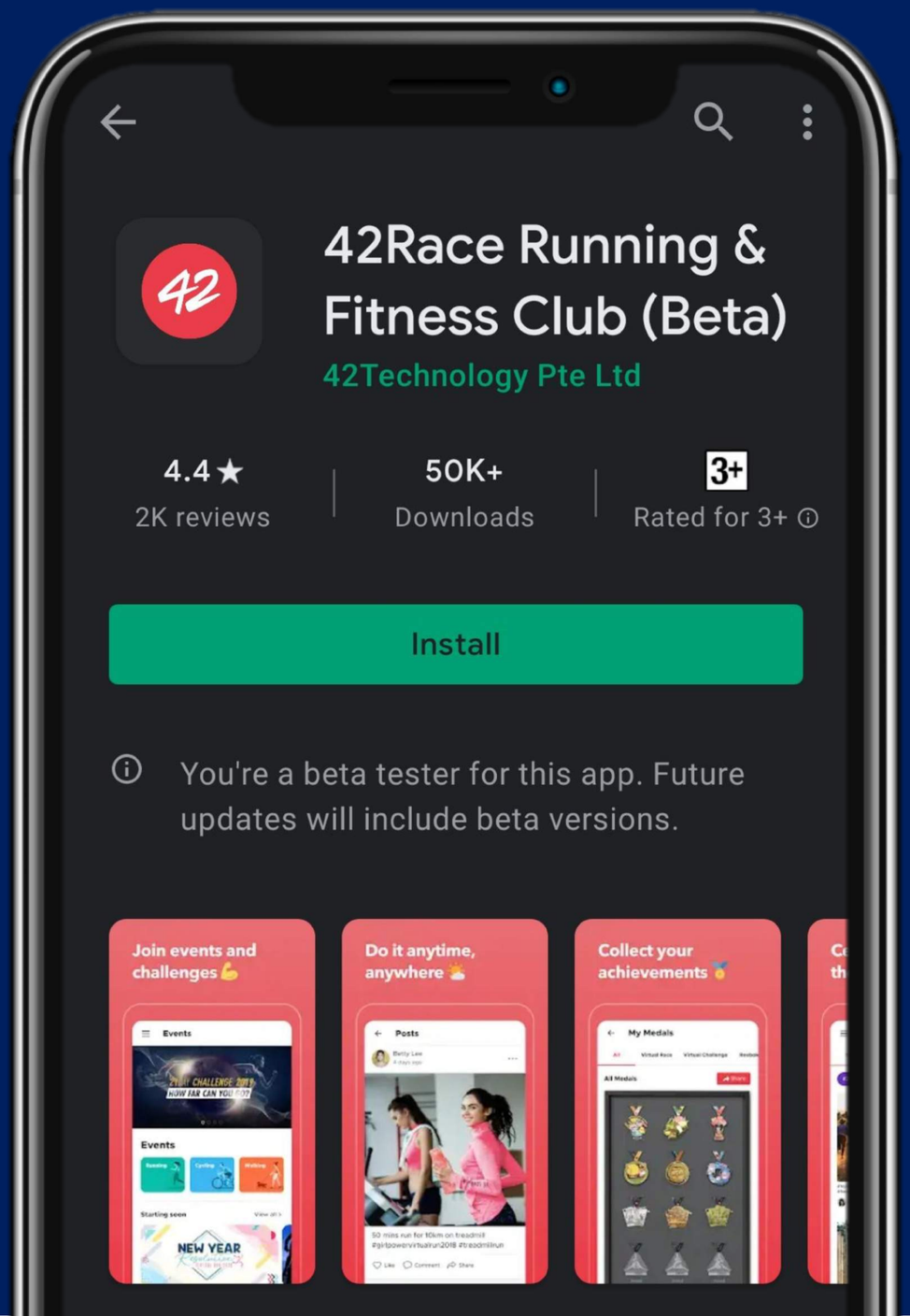
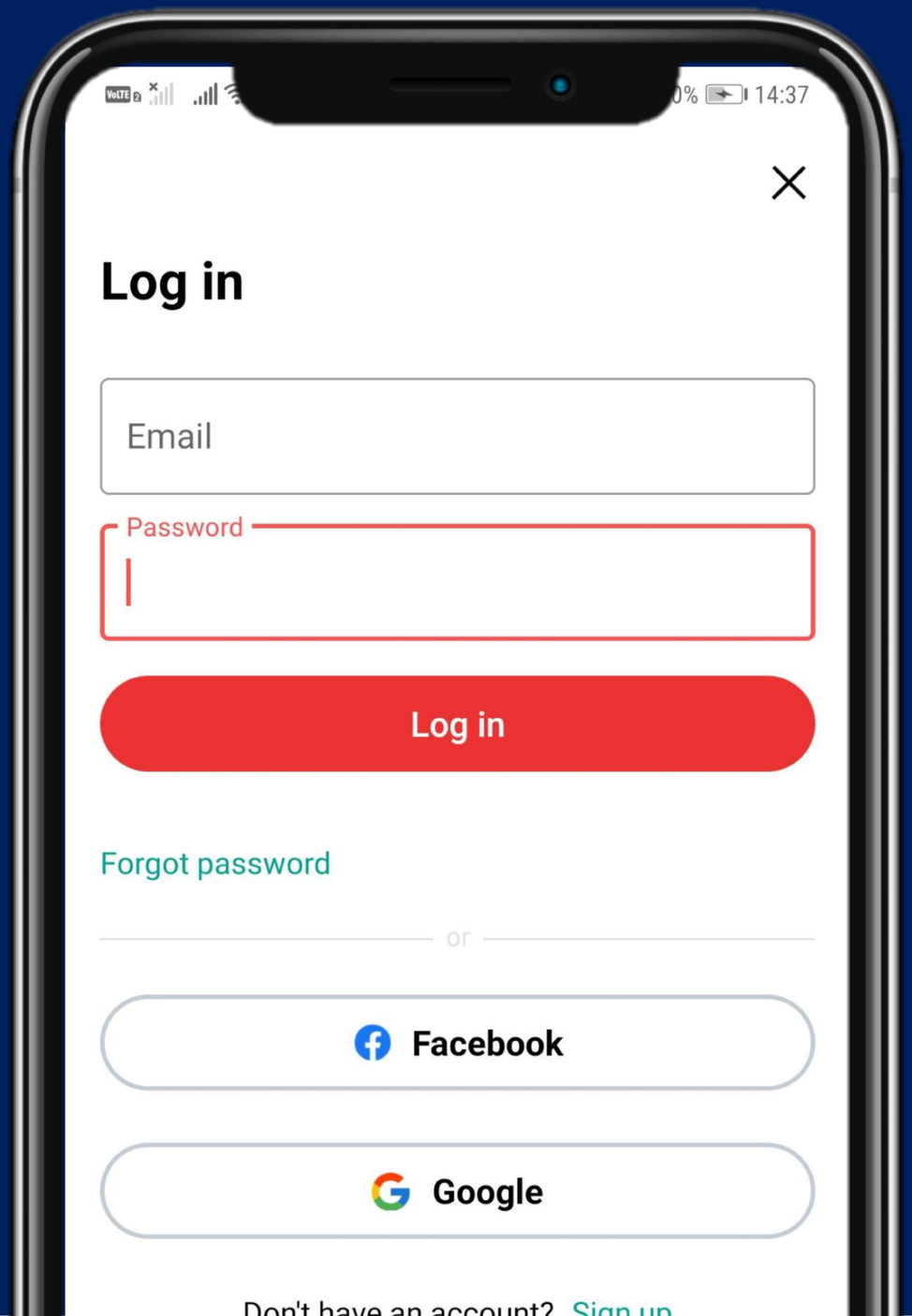
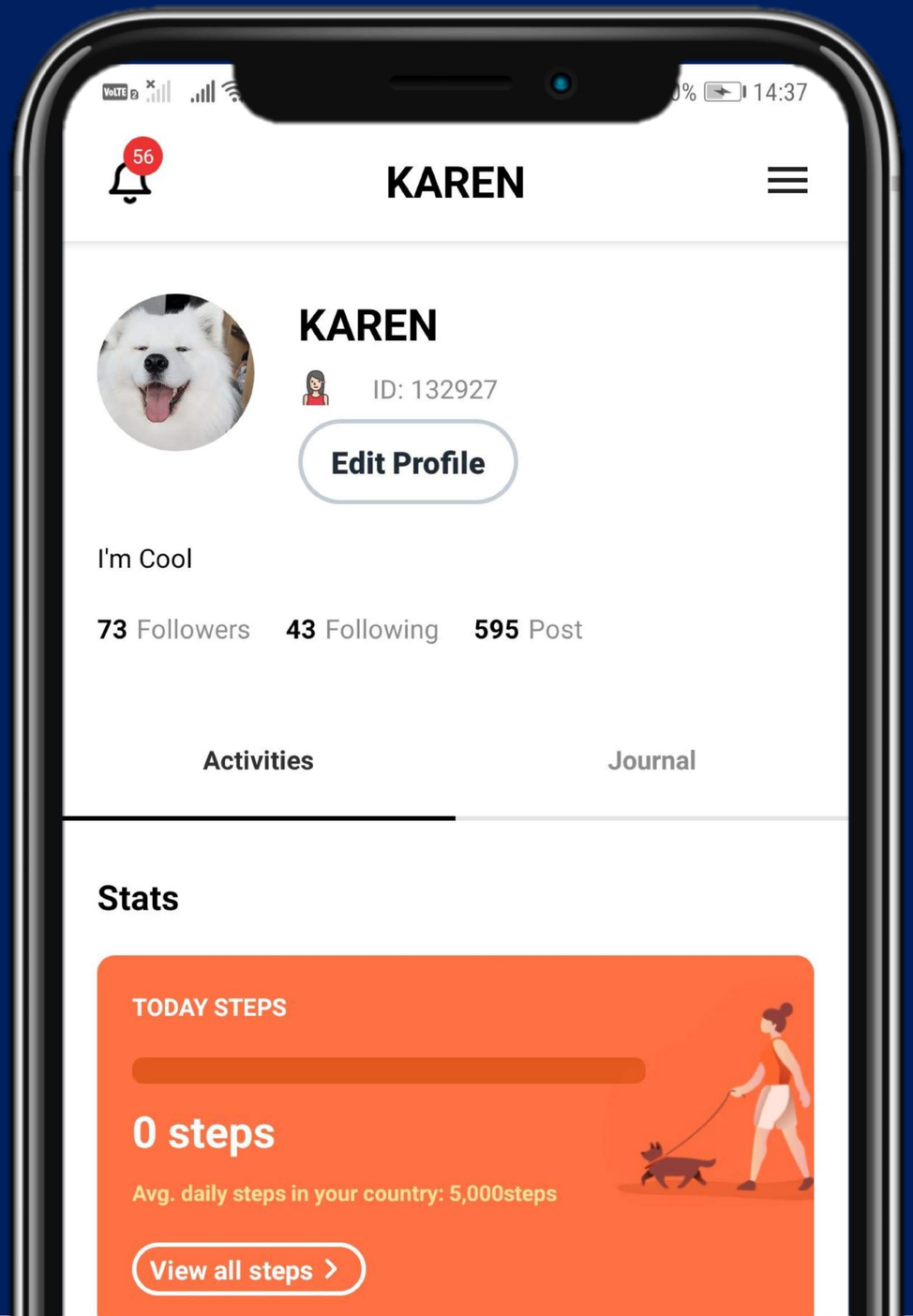
1. Download 42RACE



Download “42Race” from Play store or App Store

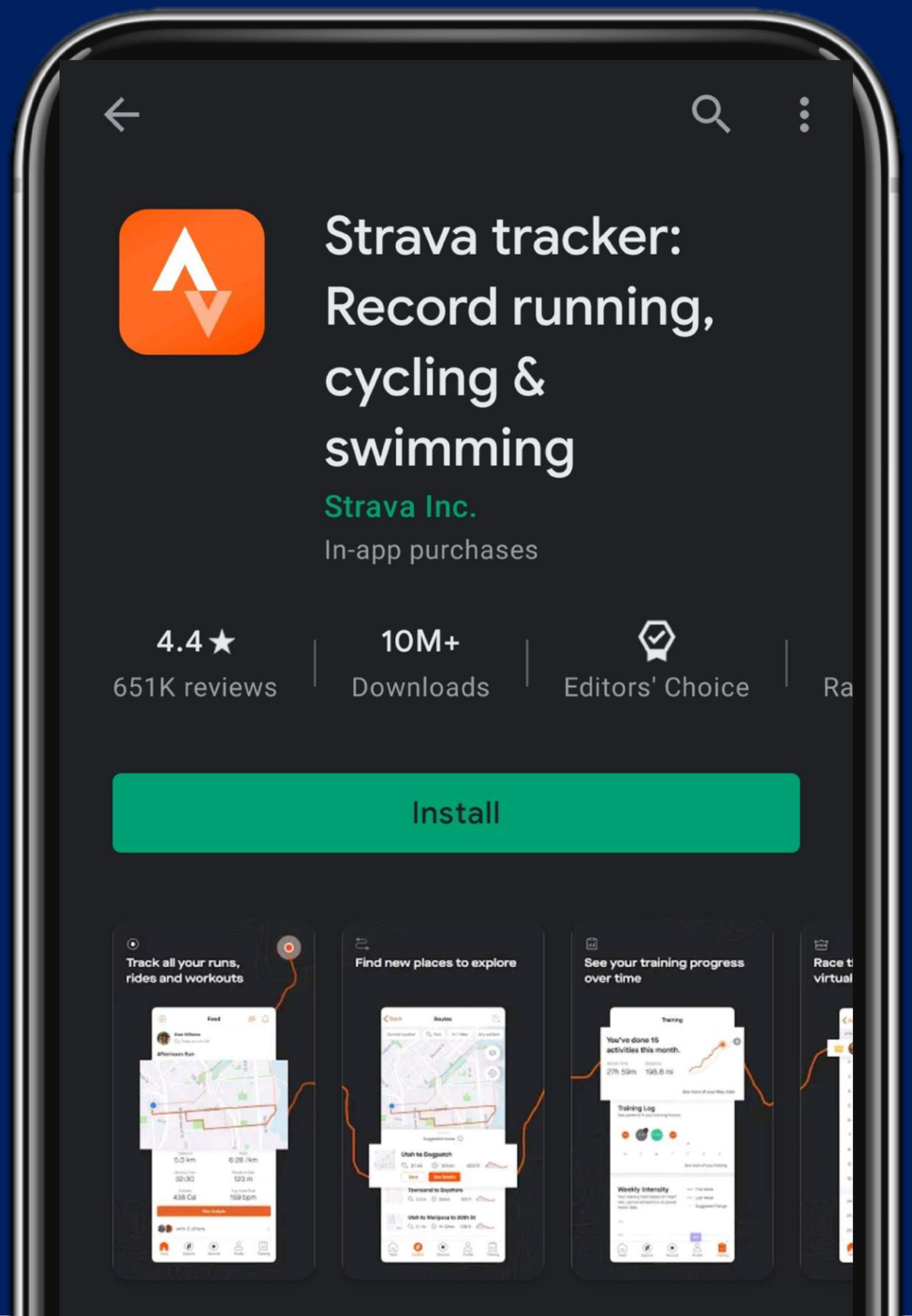


Login with your email and password

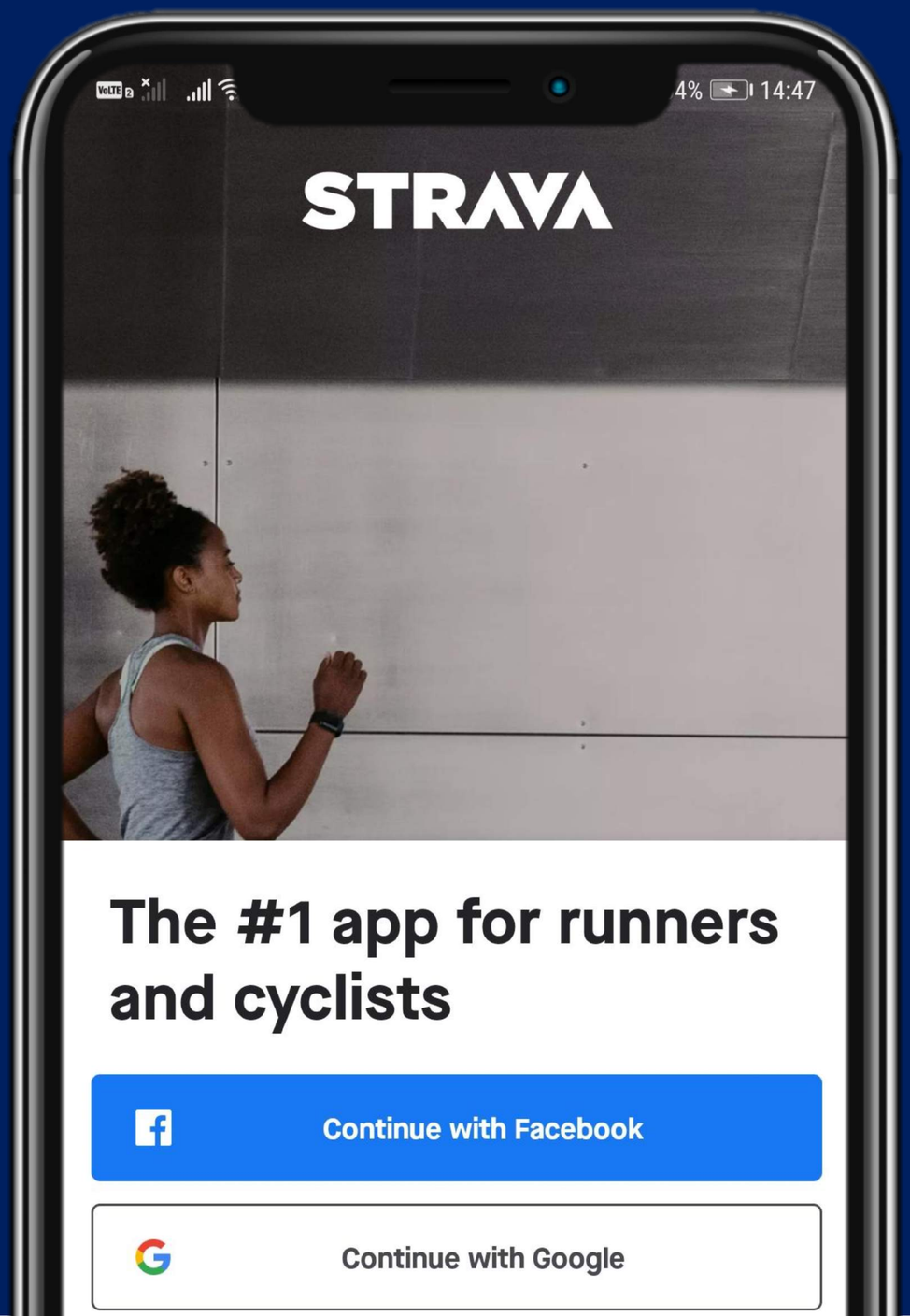

14:37
56
KAREN
KAREN
ID: 132927
Edit Profile
I'm Cool
73 Followers
43 Following
595 Post
Activities
Journal
Stats
TODAY STEPS
0 steps
Avg. daily steps in your country: 5,000steps
View all steps >

You are in! 👏

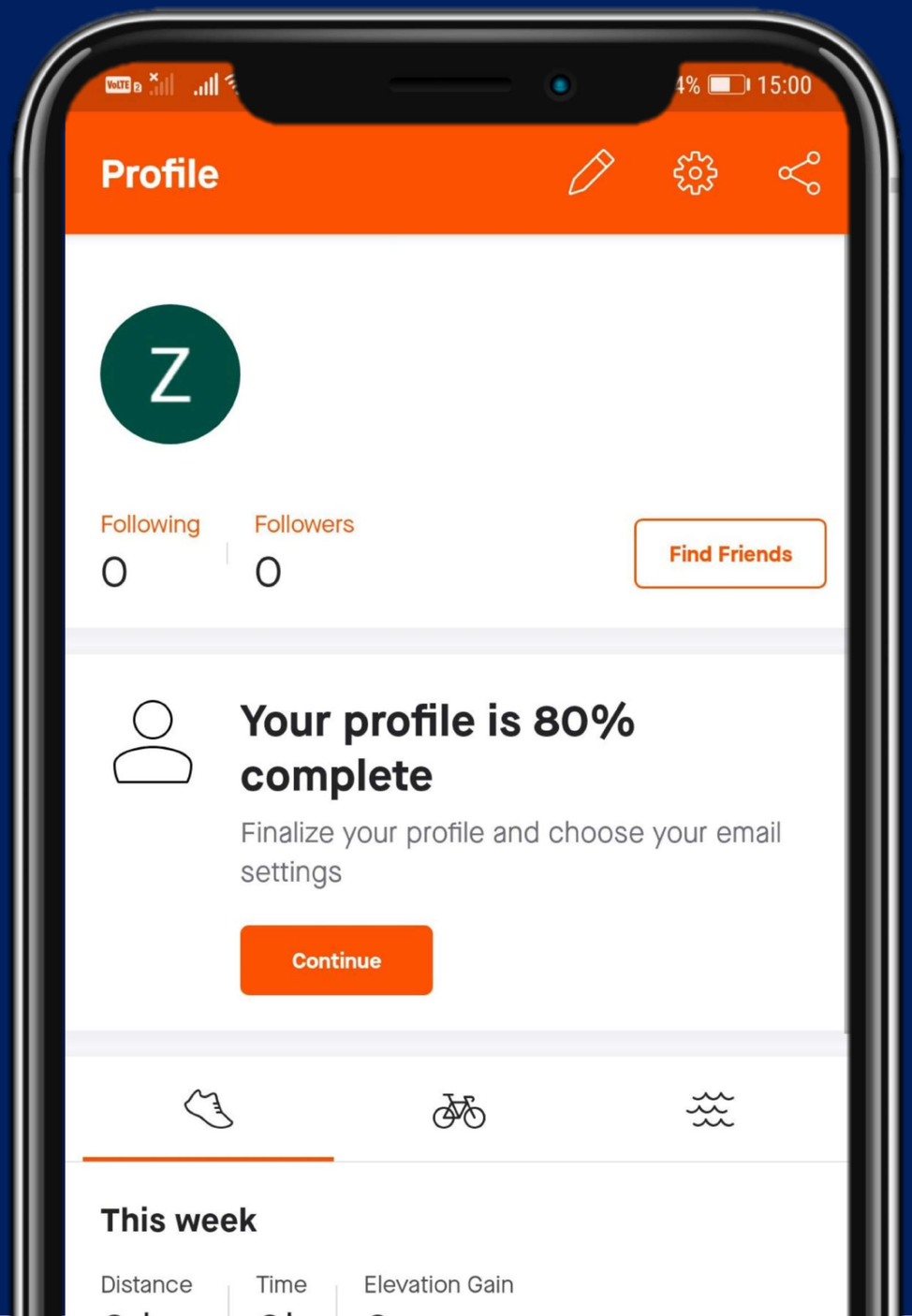
2. Download STRAVA



Download “STRAVA” from Play store or App Store

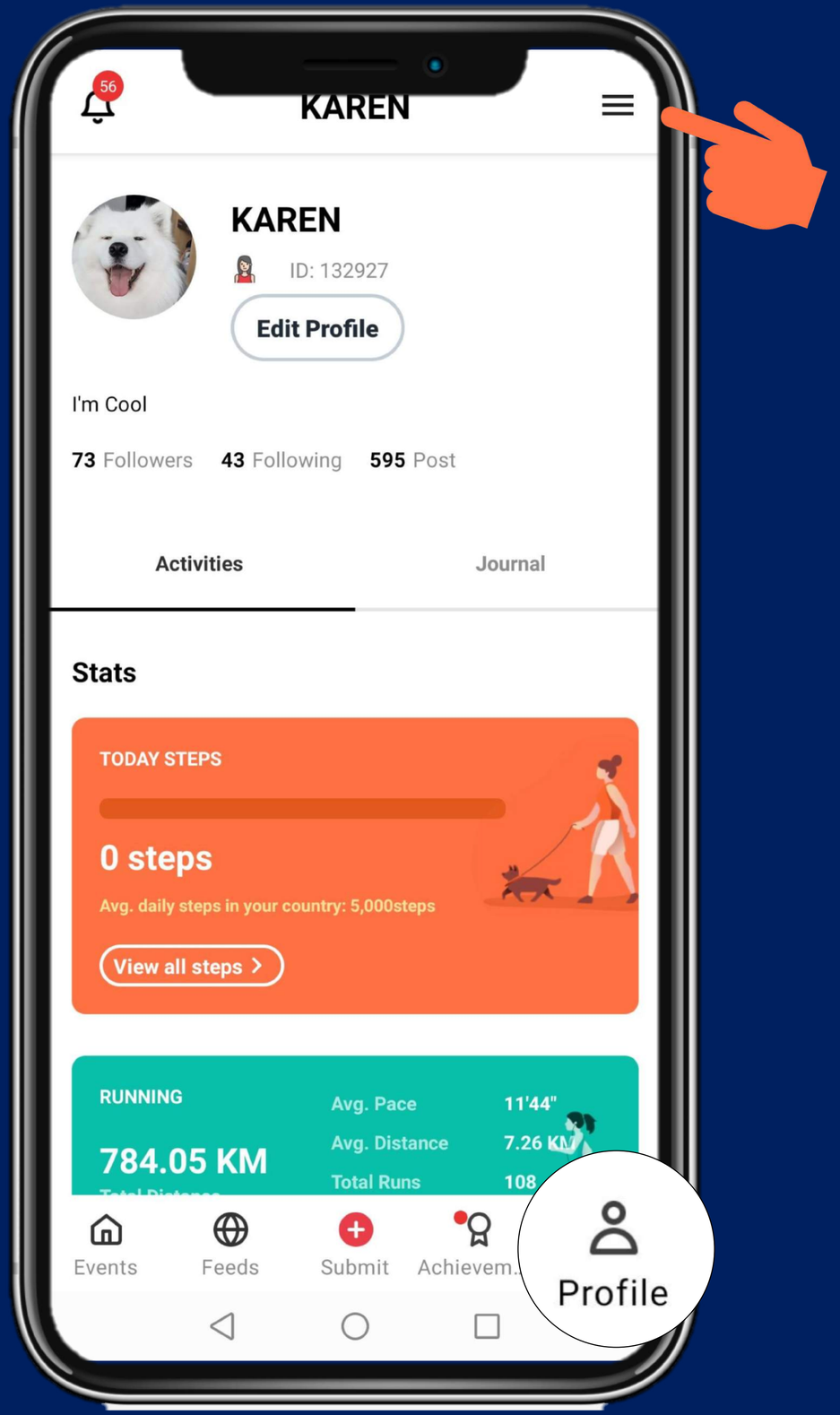


Sign up an account with STRAVA

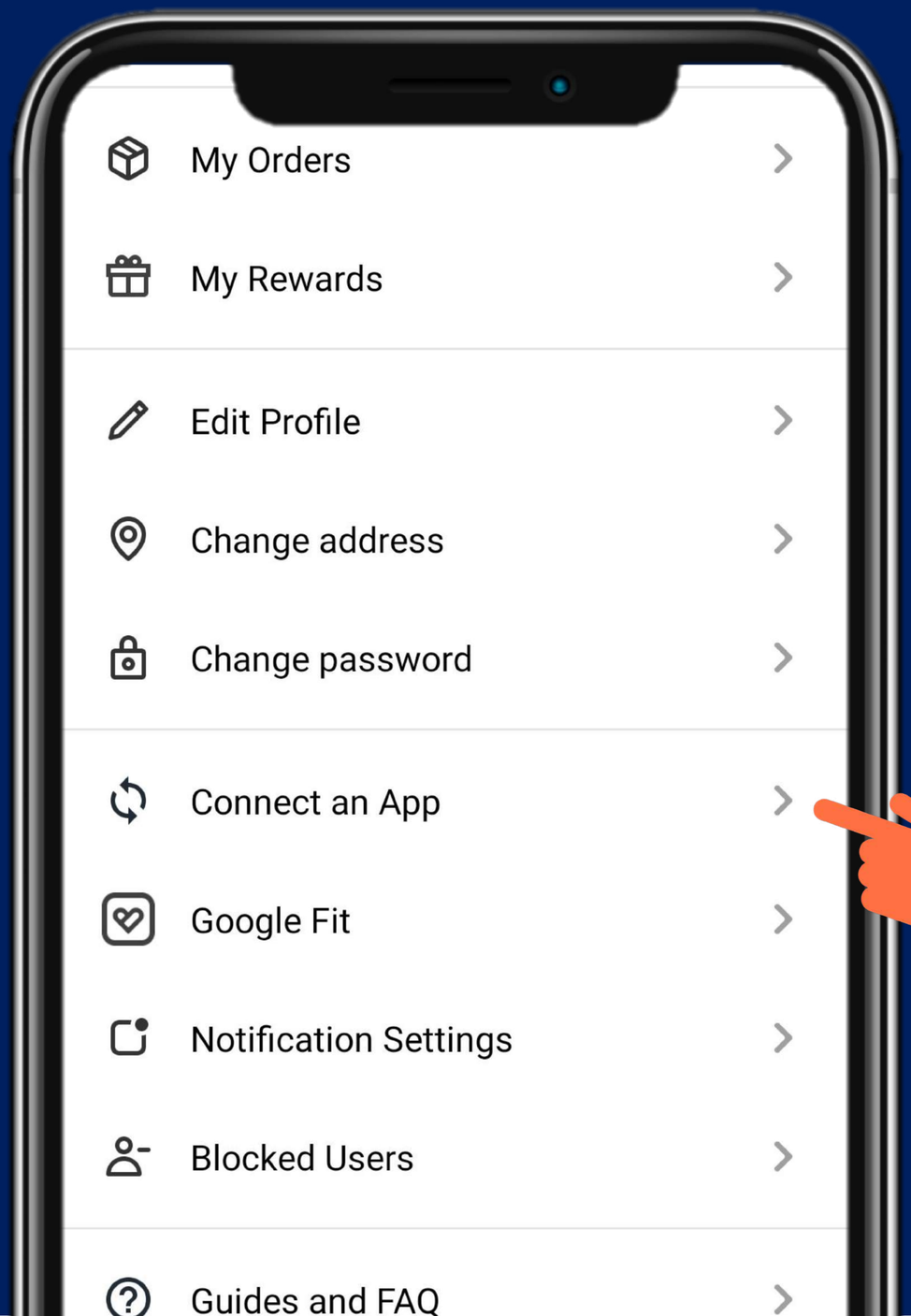

15:00
Profile
Z
Following
0
Followers
0
Find Friends
Your profile is 80% complete
Finalize your profile and choose your email settings
Continue
This week
Distance
Time
Elevation Gain

You are in!

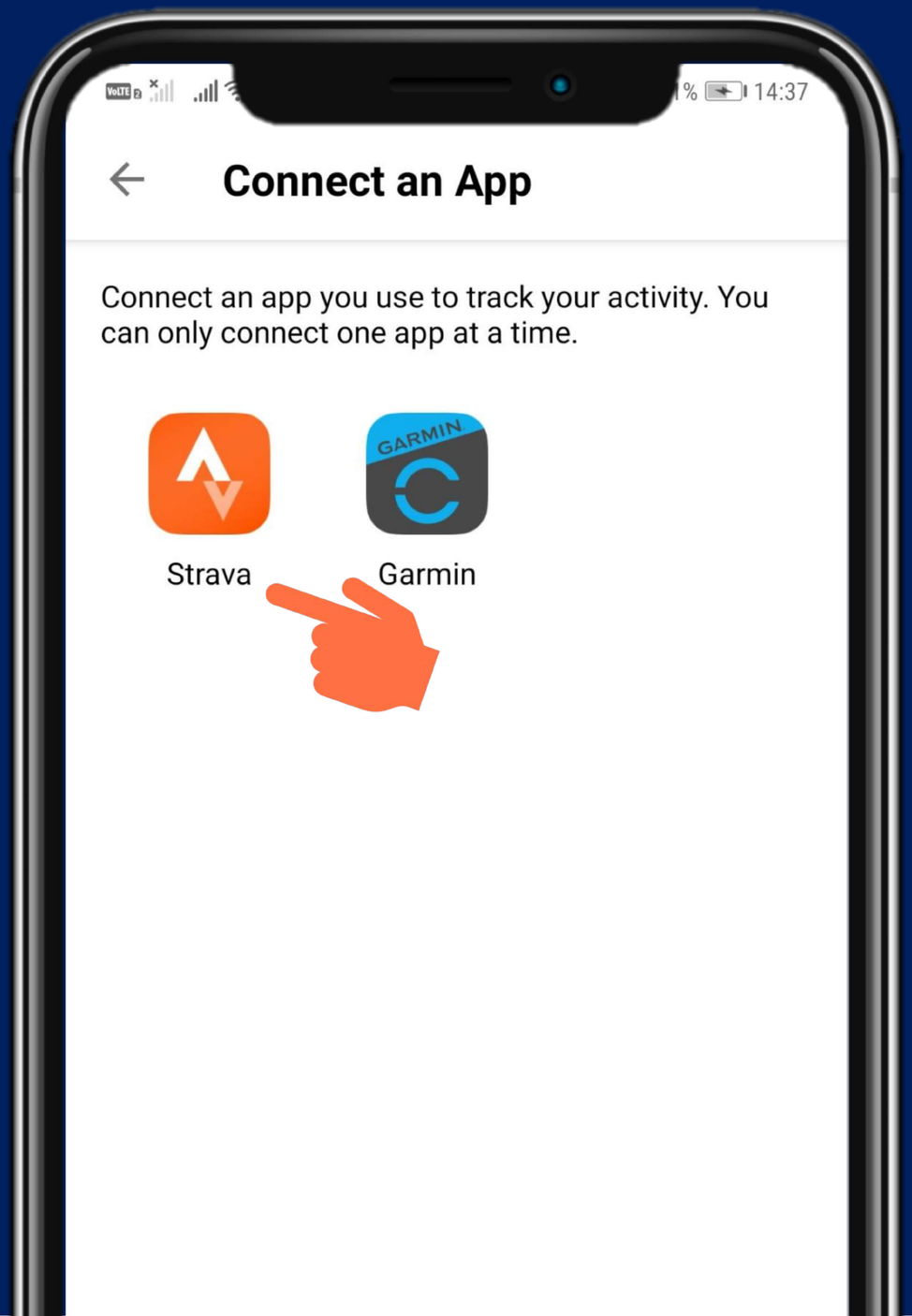
3. Sync STRAVA to 42RACE



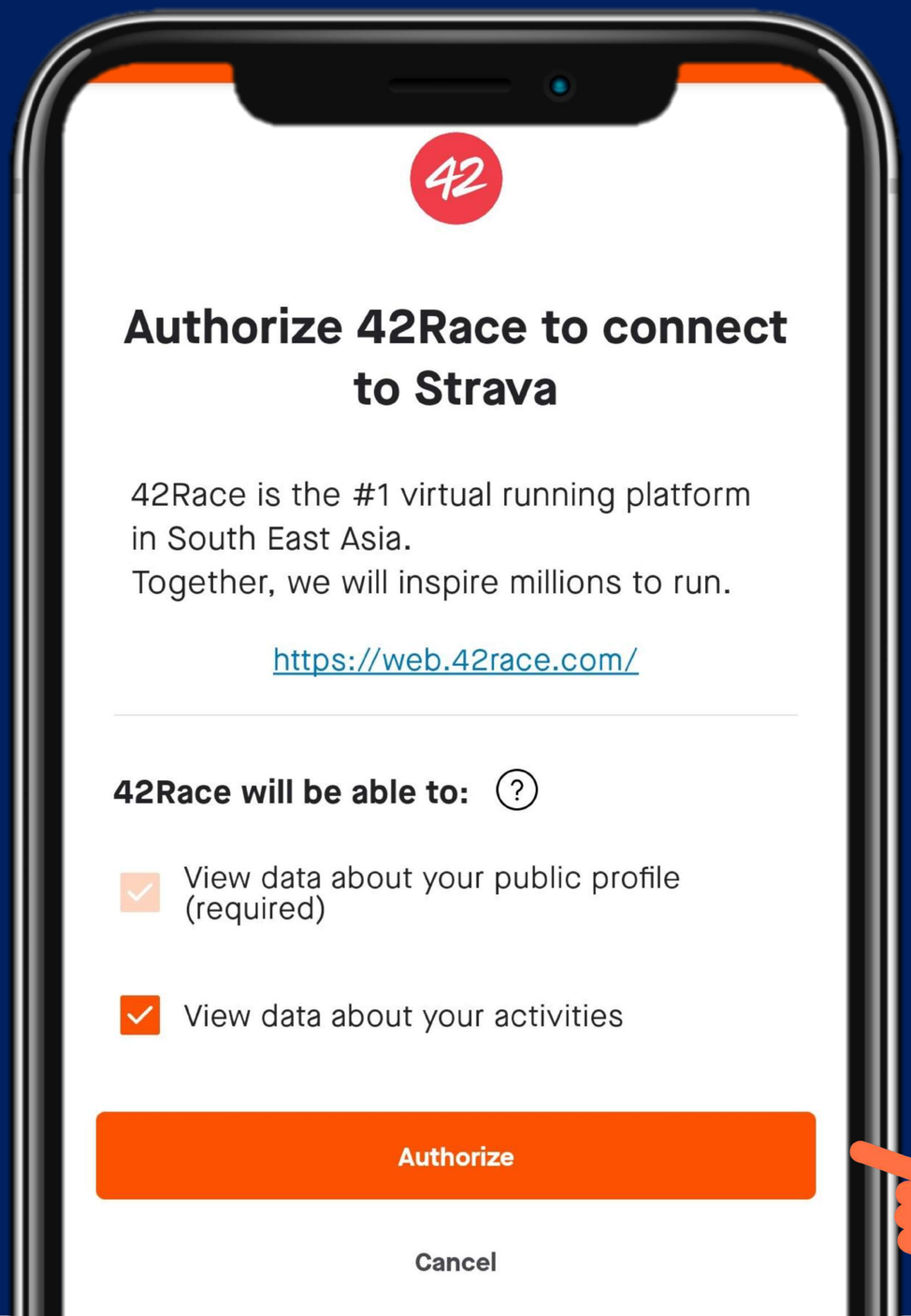
Open 42RACE app,
go to “Profile” tab and
click on “☰” sign.



Click on
“Connect an App”

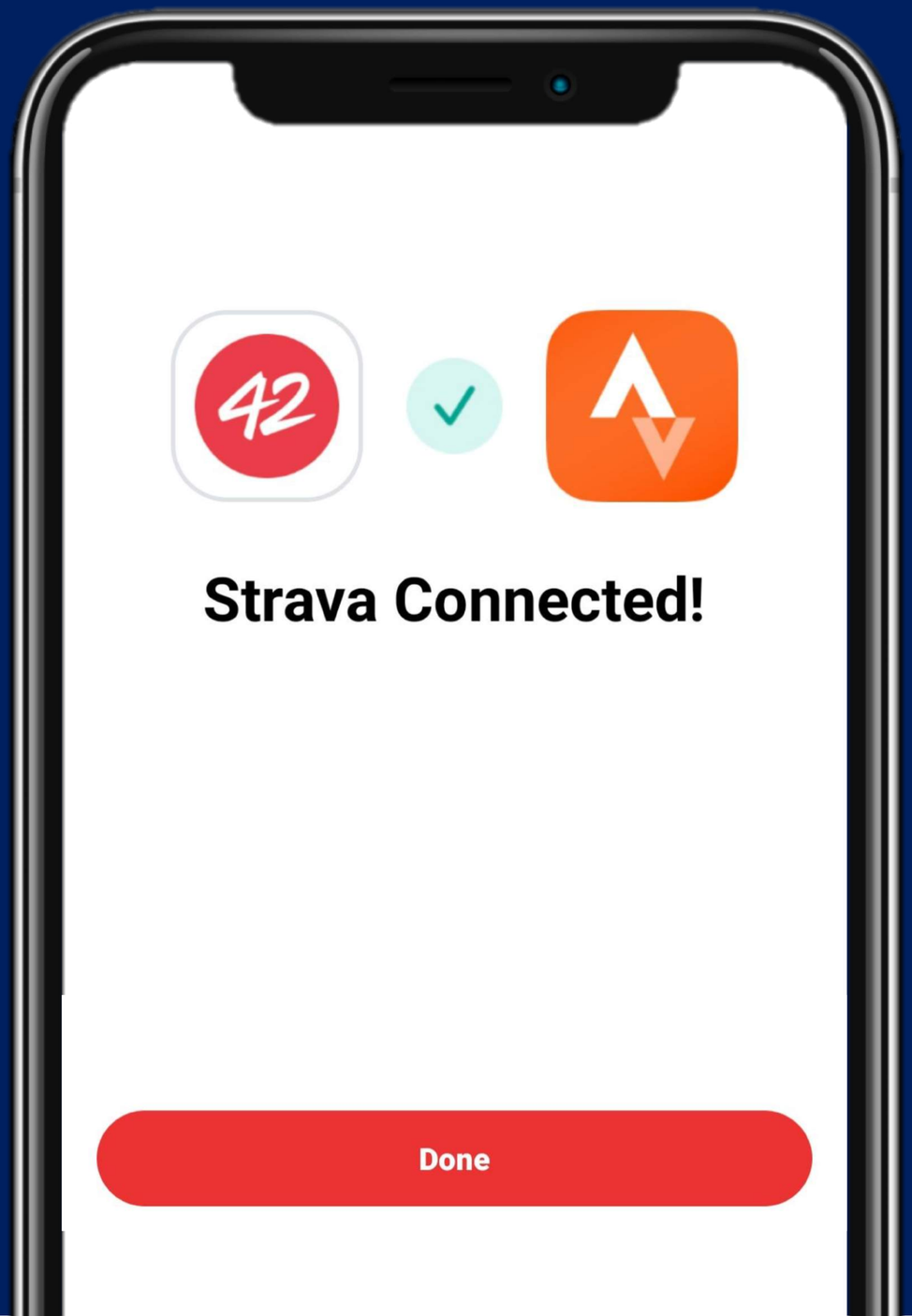


Click “STRAVA”



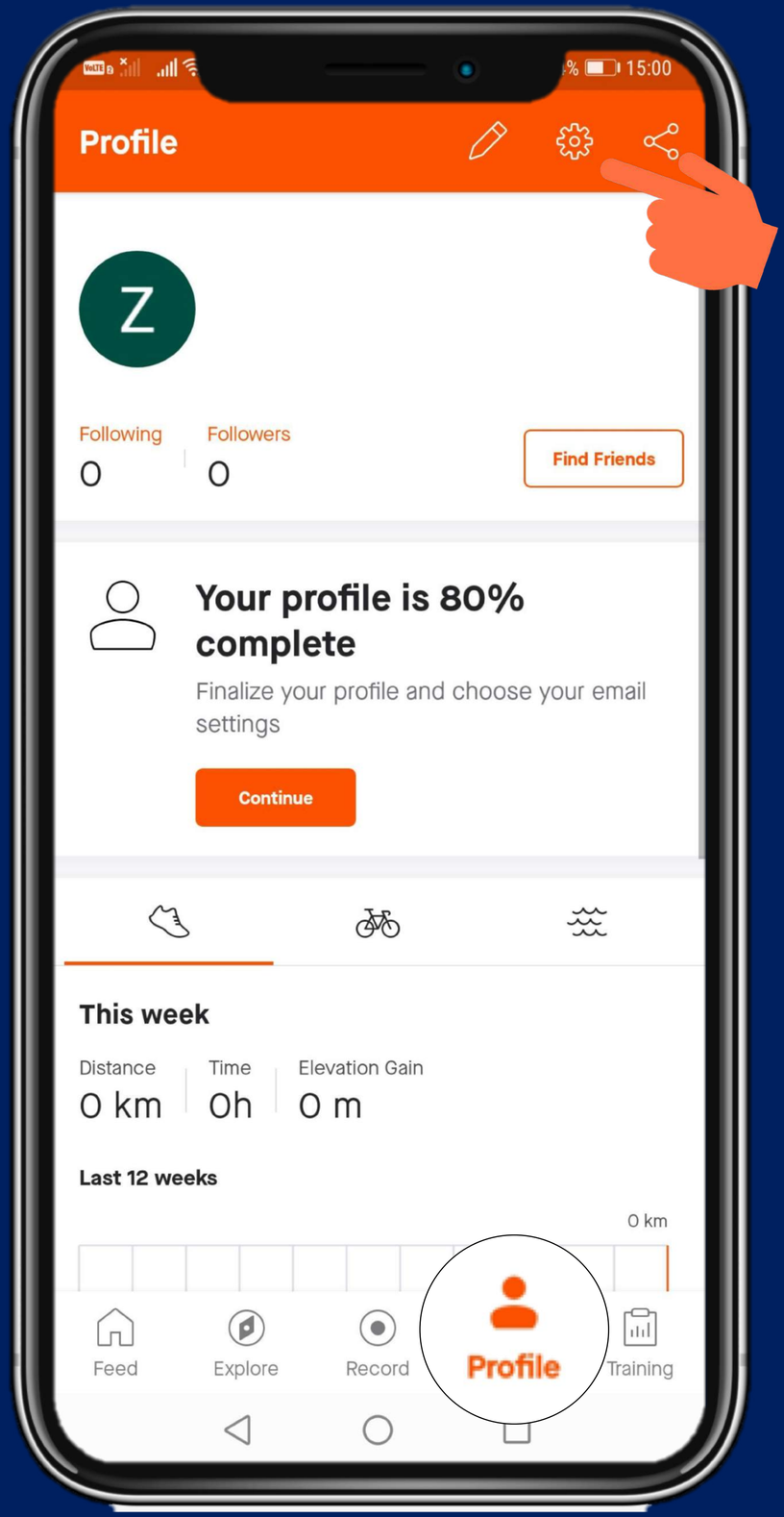
Click “Authorize”

*You will need to download and sign up for Strava before this step.

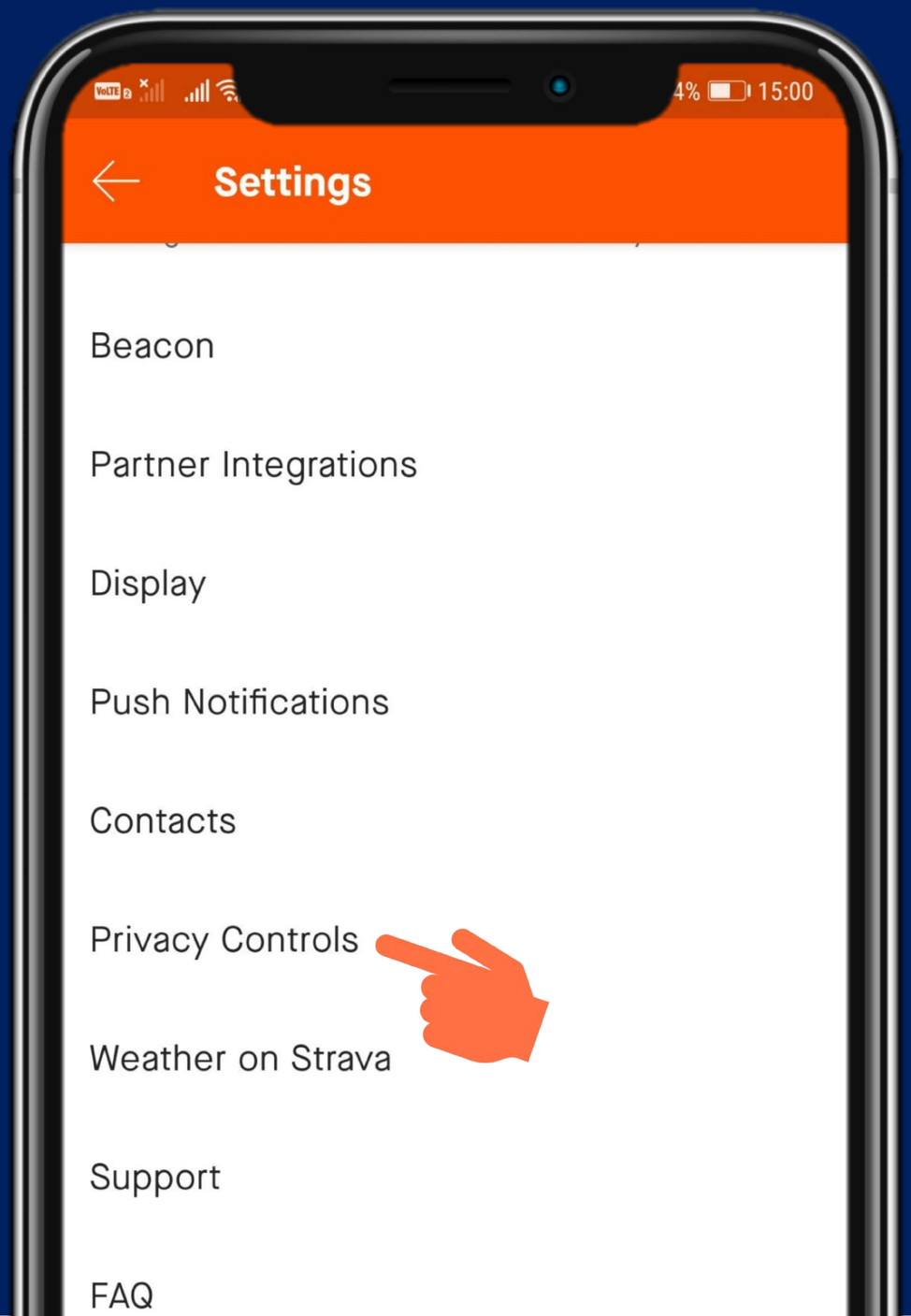


You did it!

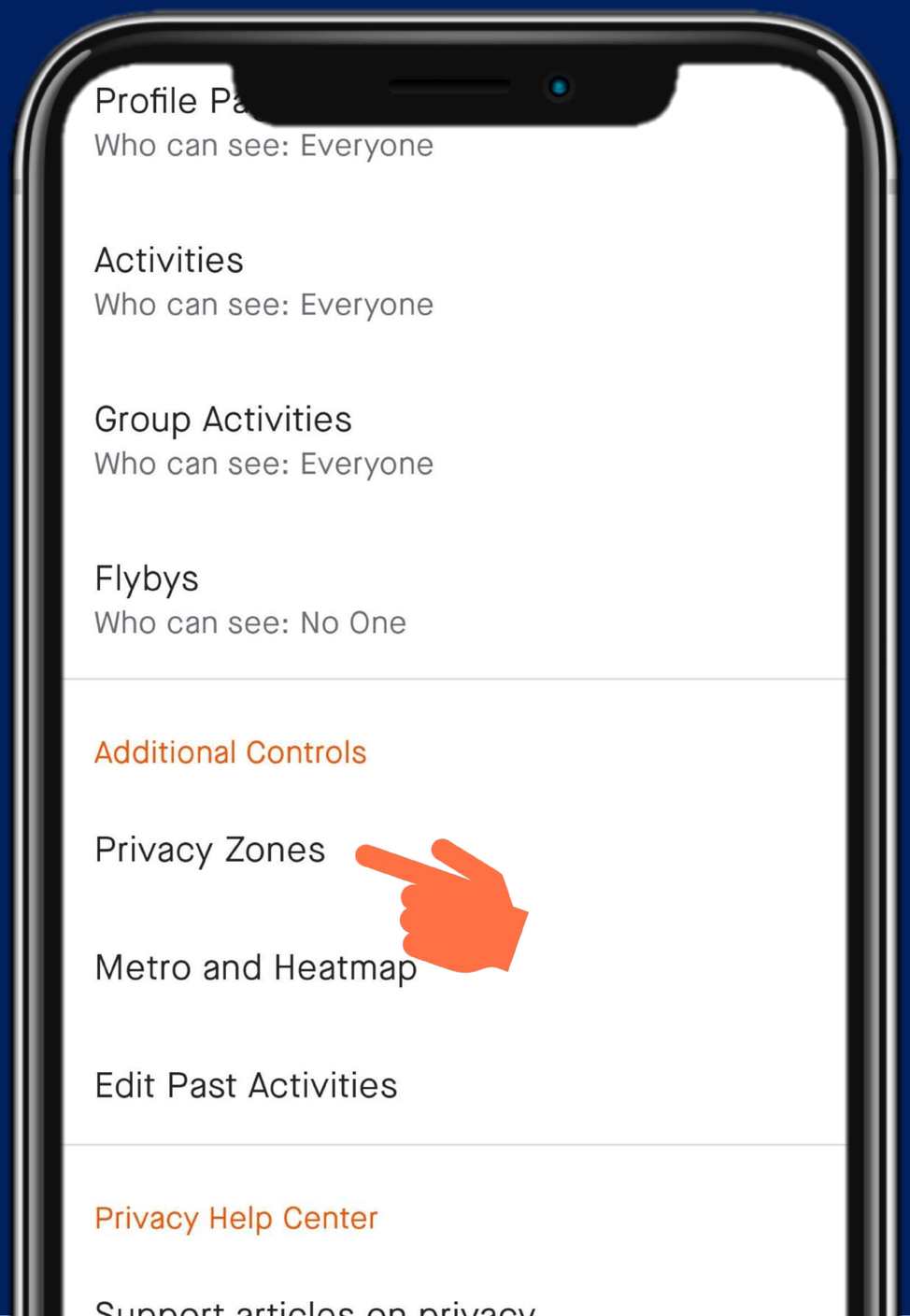
4. Hide your STRAVA map (Optional)



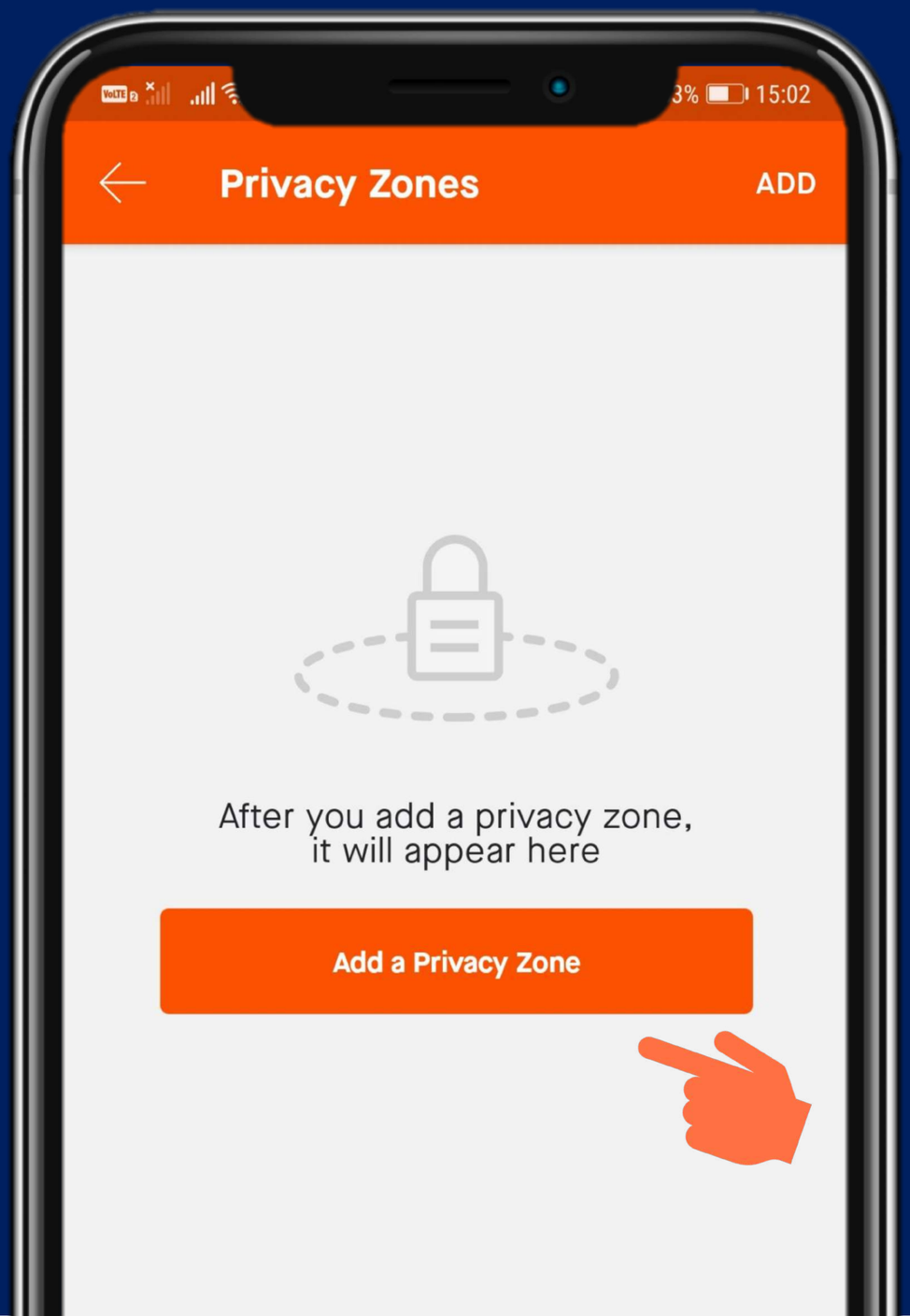
Open STRAVA app,
go to “Profile” tab and
click on “ ⚙ ” sign.



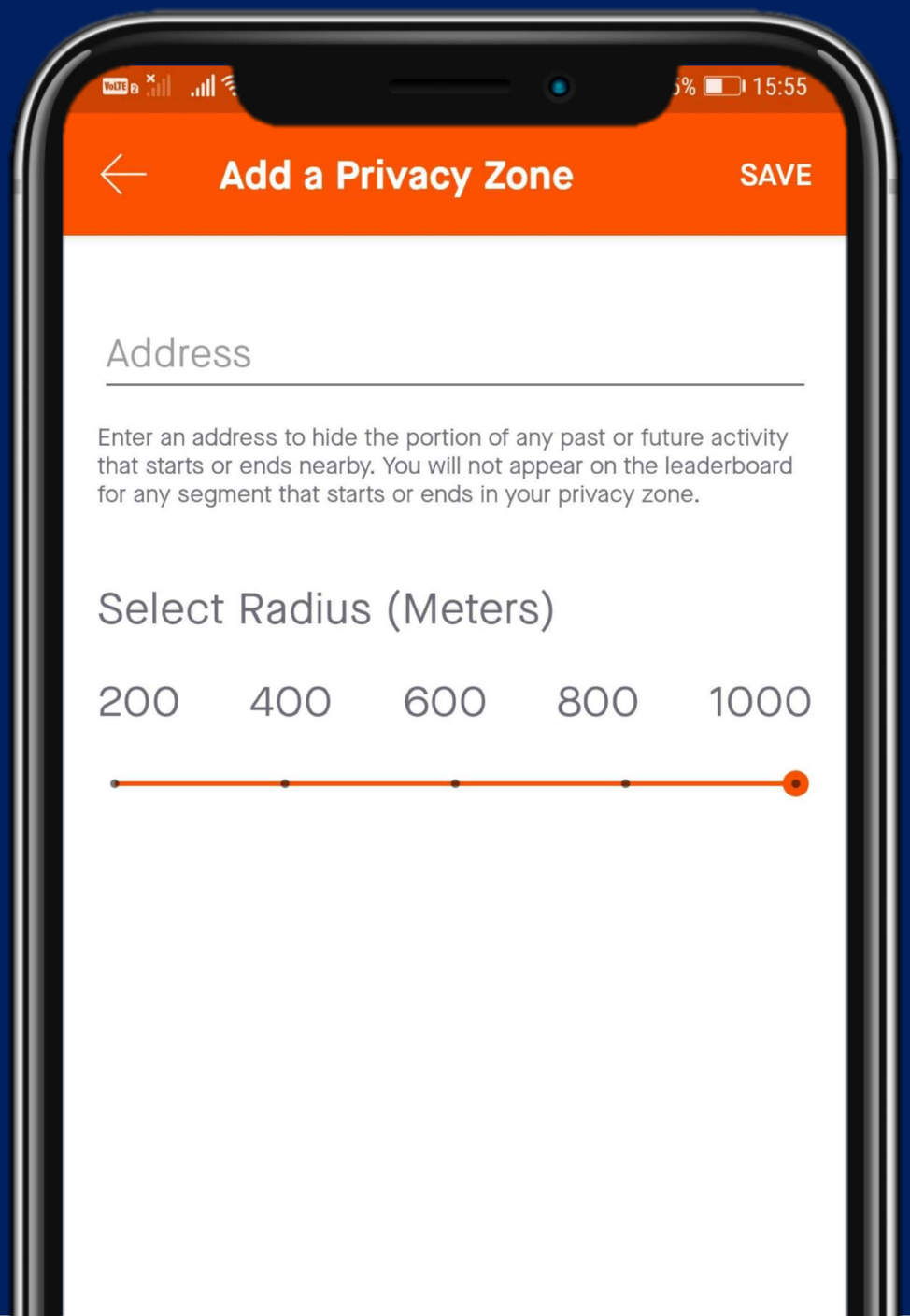
Click
“Privacy Controls”



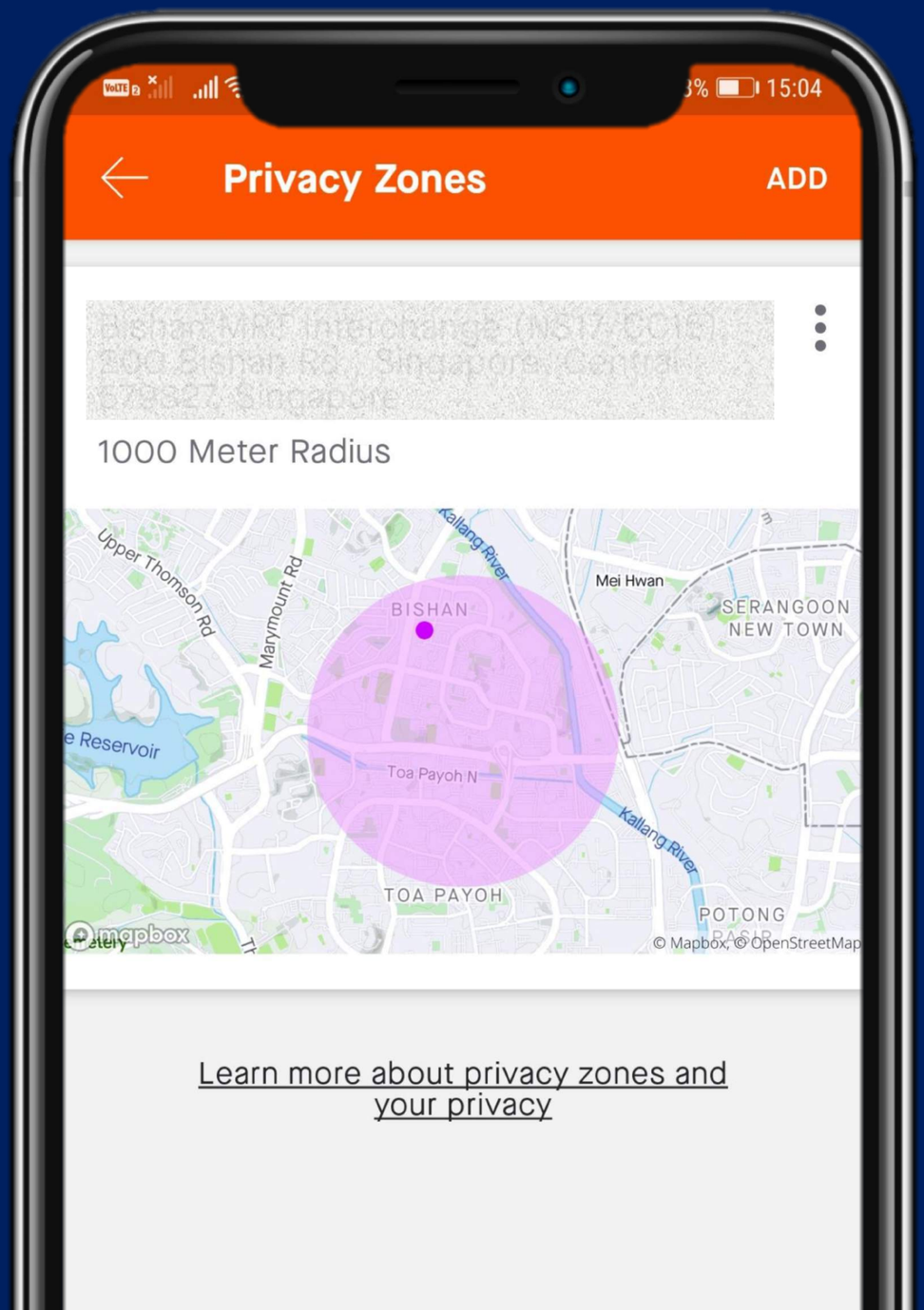
Click
“Privacy Zones”



Click
“Add a Privacy Zone”

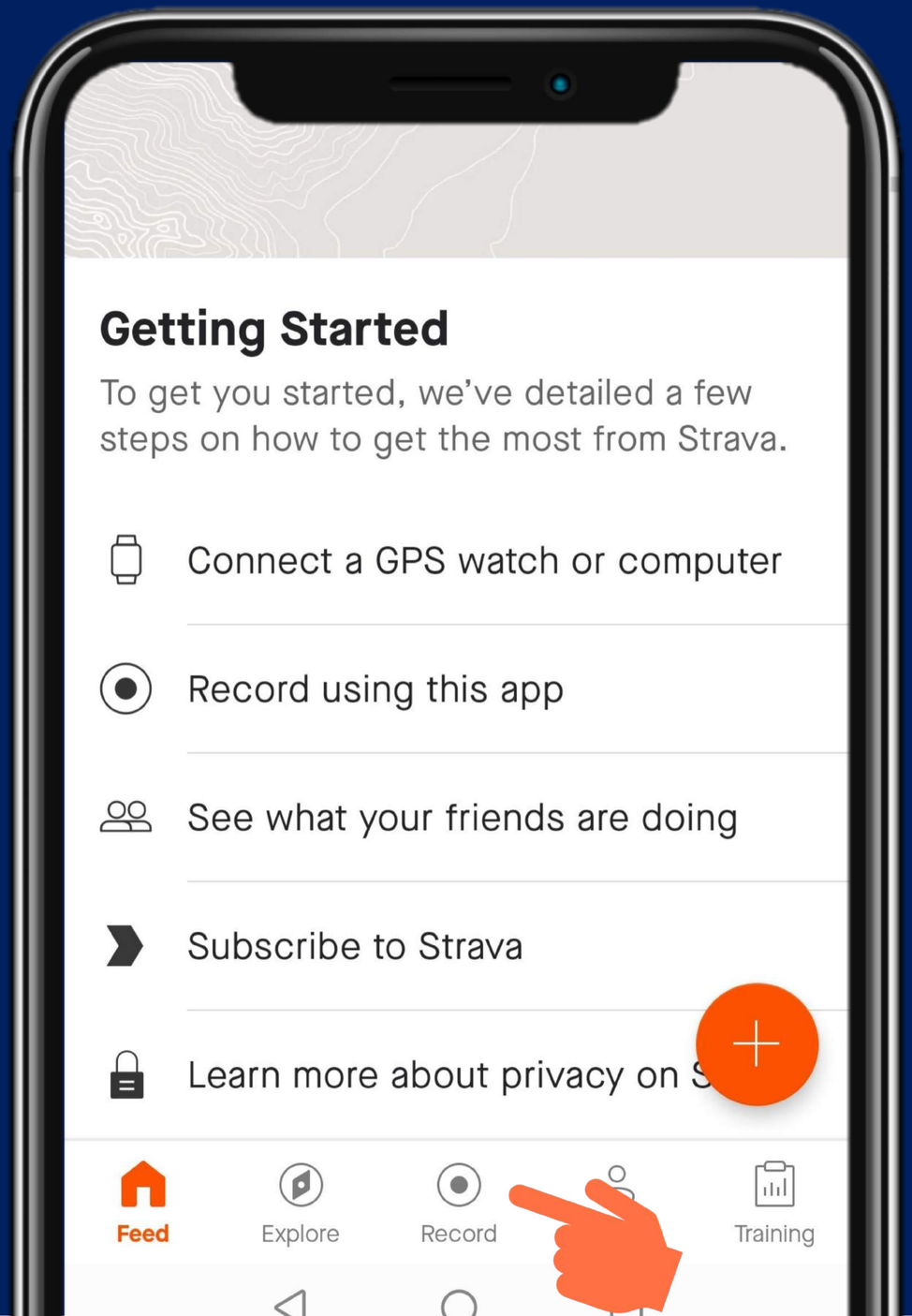


- Input your regular running address
- Adjust radius to 1000
- Click “SAVE”

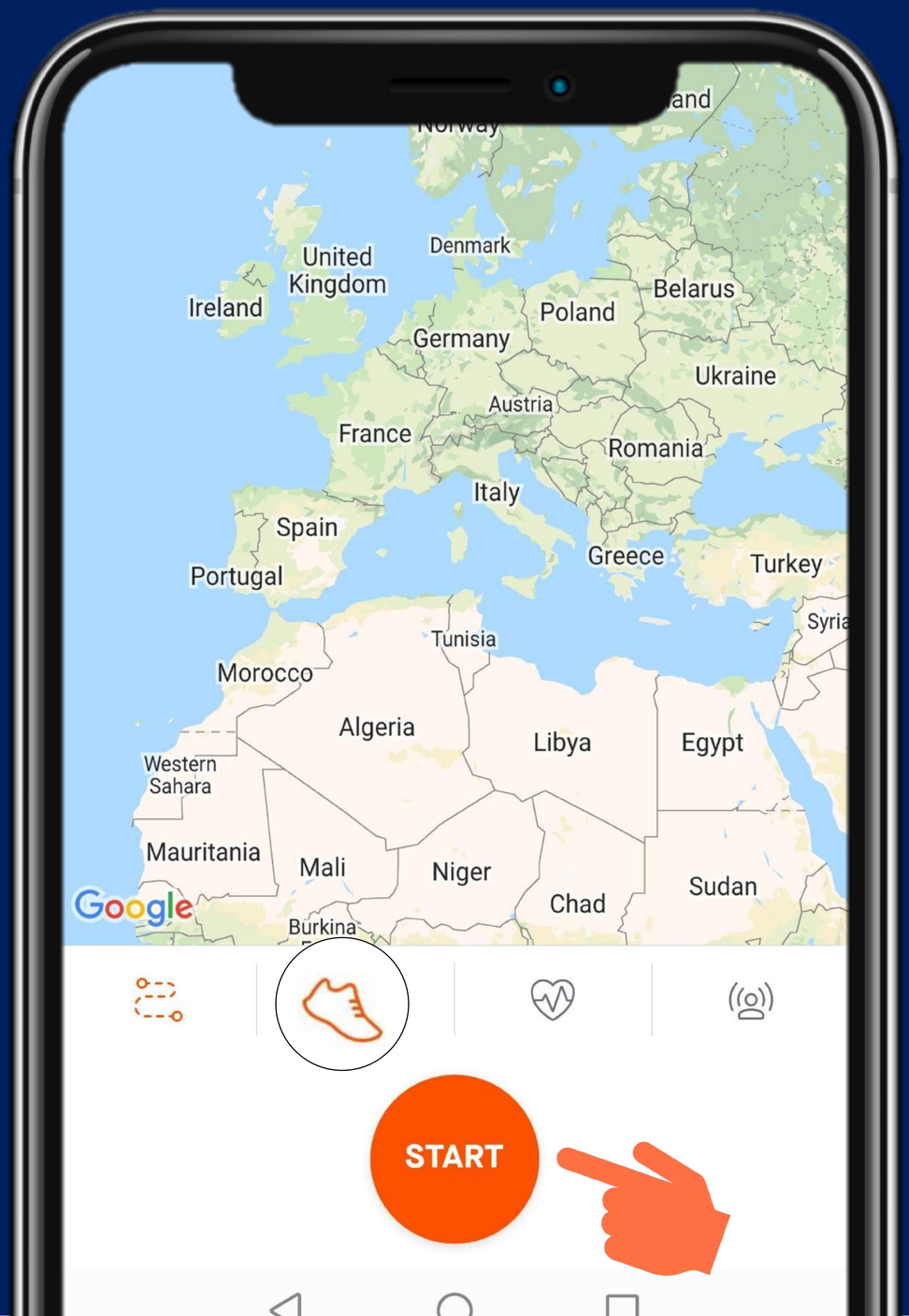

15:04
Privacy Zones
ADD
1000 Meter Radius
Upper Thomson Rd
Marymount Rd
Kallang River
Mei Hwan
BISHAN
SERANGOON NEW TOWN
e Reservoir
Toa Payoh N
Kallang River
TOA PAYOH
POTONG PASIR
mapbox
© Mapbox, © OpenStreetMap
Learn more about privacy zones and your privacy

You did it!

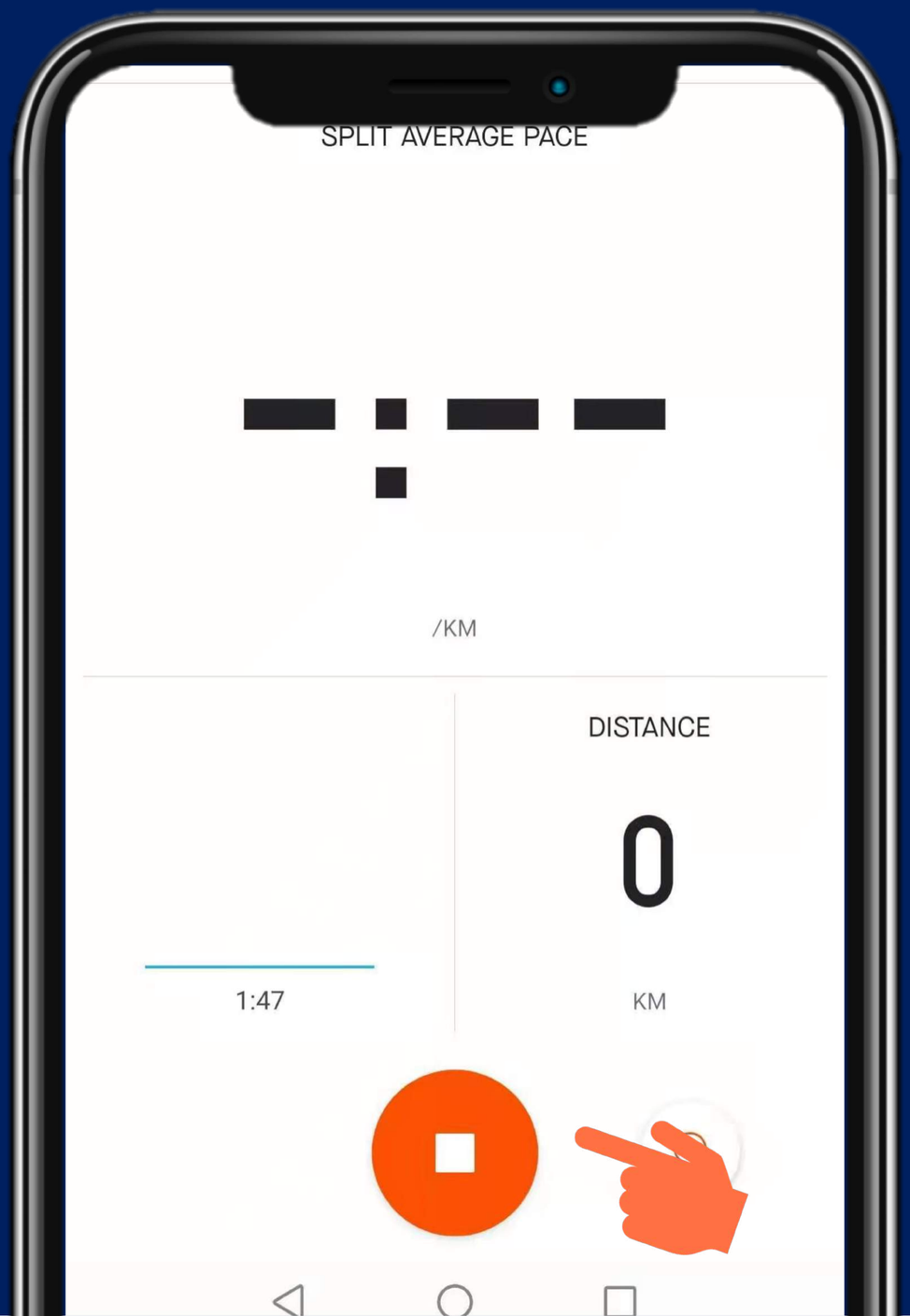
5. Record your run in STRAVA



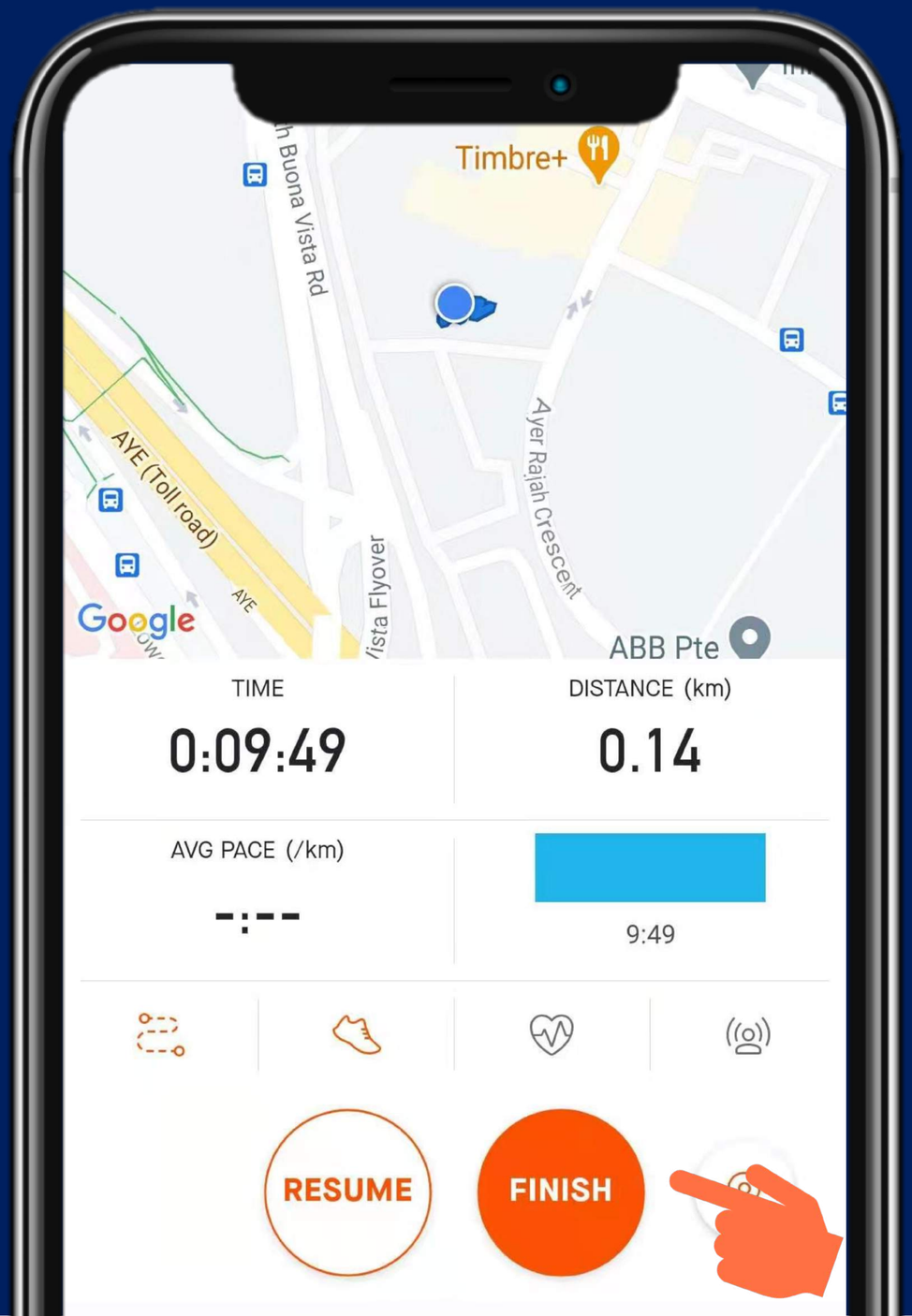
Go to STRAVA,
click “Record”



Click on “START”



Click on the pause icon when you need to rest or end your run



Click on “FINISH” to complete your run